



Masters Bracket

The Fundamental, Game-Changing Learning Outcomes
of Masters Academy International

Graduate Profile

CHAMPION MINDSET

HABITS OF EXCELLENCE

Sports



BASEBALL



BASKETBALL



ESPORTS



FENCING



FIGURE SKATING



GOLF



HOCKEY



LACROSSE



SOCCER



EQUESTRIAN



SOFTBALL



VOLLEYBALL

COMING SOON

ATHLETICS

ACADEMICS

1.1	CONFIDENCE
1.2	CONTROL
1.3	COMMITMENT
1.4	CHALLENGE
1.5	COURAGE
1.6	CONNECTION
1.7	CHARACTER
1.8	COMPETENCE

2.1	FINDING FUN
2.2	ACTIVE RECOVERY
2.3	RITUALIZING PRACTICE
2.4	VISUALIZING SUCCESS
2.5	HEALTHY ROUTINES
2.6	SYSTEMATIC PREPARATION
2.7	PERIODIZED NUTRITION
2.8	PERIODIZED TRAINING

3.1	PERFORMANCE SCIENCE
3.2	SPORTS MEDICINE
3.3	COACHING & DEVELOPMENT
3.4	SPORTS PSYCHOLOGY
3.5	SPORTS ANALYTICS
3.6	SPORTS MEDIA
3.7	SPORTS MANAGEMENT
3.8	SPORTS LAW

4.1	SPORTS PHYSICS
4.2	SPORTS ENGINEERING
4.3	FACILITY & FIELD DESIGN
4.4	SPORTS & SOCIETY
4.5	BIOCHEMISTRY
4.6	GENETICS & EVOLUTION
4.7	BIOMECHANICS
4.8	EXERCISE PHYSIOLOGY

POISE
FOCUS
VULNERABILITY
PROFESSIONALISM

MOTIVATION
PRIMING
READINESS
BIOHACKING

FORTITUDE
SPORTSMANSHIP
FLOW
OPTIMIZATION

STRATEGY
ANTIFRAGILITY
GROWTH
ORGANIZATION

VISION
JUDGMENT
ADAPTABILITY
GRIT

PROACTIVITY
CONSCIENTIOUSNESS
RESPONSIBILITY
COORDINATION

CREATIVITY	1.9
EMPATHY	1.10
CRITICAL THINKING	1.11
REASONING	1.12
CURIOSITY	1.13
RESILIENCE	1.14
PERSEVERANCE	1.15
DISCIPLINE	1.16

SEEKING FEEDBACK	2.9
LEVERAGING RESOURCES	2.10
REMOVING DISTRACTIONS	2.11
SPACING PRACTICE	2.12
GOAL SETTING	2.13
TAKING OWNERSHIP	2.14
TIME MANAGEMENT	2.15
RESPONSIVE PARTNERING	2.16

LITERACY
RHETORIC
HUMANISTIC PERSPECTIVE
COSMIC PERSPECTIVE
INSIGHT
PREDICTION
STRUCTURE
DYNAMICS

CRITICAL CONSUMPTION	3.9
CRITICAL CREATION	3.10
PUBLIC SPEAKING	3.11
ENGAGED DISCOURSE	3.12
CLASSICAL WORKS	3.13
ETHICS	3.14
GEOGRAPHY	3.15
BIG HISTORY	3.16

RESEARCH	4.9
APPLIED AI	4.10
SCIENTIFIC METHOD	4.11
PROBABILITY	4.12
PATTERN	4.13
FUNCTIONS	4.14
MODELING	4.15
MEASUREMENT	4.16