

HIGH SCHOOL STUDENT'S DAY GRADES 9TH AND 10TH			
AM Academics PM Athletics		AM Athletics PM Academics	
A DAY	B DAY	A DAY	B DAY
8:00 - 9:00 - Math 9:00 - 10:00 - English 10:00 - 10:15 - Snack Break 10:15 - 11:15 - L2 Foreign Language 11:15 - 12:15 - Student Support/Study Time 12:15 - 12:45 - Lunch 1:00 - 5:45 - Athletic Training	8:00 - 9:15 - Science/Humanities Projects 9:15 - 9:30 - Snack Break 9:30 - 10:45 - Science/Humanities Projects (2nd hour) 10:45 - 11:00 - Snack Break 11:00 - 12:00 - Student Support/Study Time / Deans' Meeting (once per week) 12:00 - 12:30 - Lunch 12:45 - 5:45 - Athletic Training	8:00 - 12:00 - Athletic Training 12:30 - 1:00 - Lunch 1:00 - 2:00 - Math 2:00 - 3:00 - English 3:00 - 3:15 - Snack Break 3:15 - 4:15 - Foreign Language 4:15 - 5:15 - Academic Studio / Dean's Meeting (once per week)	8:00 - 12:00 - Athletic Training 12:30 - 1:00 - Lunch 1:00 - 2:15 - Science/Humanities Projects 2:15 - 2:30 - Snack Break 2:30 - 3:45 - Science/Humanities Projects (2nd hour) 3:45 - 4:00 - Snack Break 4:00 - 5:00 - Academic Studio / Dean's Meeting (once per week)